

**DAN WYAND, PT
& ASSOCIATES
FREE COMMUNITY EVENT**

Spring Fling

Join Strength Coach, Ben Warstler to learn helpful tips and techniques on how to transition your body to training outdoors, after being indoors all winter



**WEDNESDAY, APRIL 24TH
@ 1:00 P.M.**

97 Sherman Drive, Suite 2
St. Johnsbury, VT 05819

Call to register
802.748.3722